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Community Partners, Clubs & Groups

Beach Cities Health District's vision is "A healthy beach community." Part of that community health comes from the many local groups and clubs that help make the South Bay a vibrant, enjoyable area and a desirable place to live.

Below is a list of local groups and clubs; check them out and get involved today.

Educational Opportunities

- **El Camino College Community Education**
  Offers courses in health and well-being to the general community
  http://www.eccommunityed.com/ [1]
- **Grades of Green**
  A non-profit organization dedicated to inspiring and empowering kids and the broader school community to care for the environment.
  http://www.gradesofgreen.org/ [2]
- **Providence Little Company of Mary**
  Offers classes in a wide variety of medical topics
  http://www2.providence.org/southbay/Pages/ClassesPrograms.aspx [3]
- **South Bay Adult School**
  Offers classes for adults in the areas of health, fitness, nutrition, and safety
  http://www.southbayadult.org/Health&PhysicalFitness [4]
- **Torrance Memorial Medical Center**
  Offers a number of different classes, services, support groups and events to help advance your health-related knowledge
  http://www.torrancememorial.org/Health_Education.aspx [5]

Sports

- **American Youth Soccer Organization (AYSO**)
  Organizes youth soccer play
  https://www.eayso.org/ [6]
- **Beach Cities Cycling Club**
  Encourages a less competitive atmosphere and creates opportunities to give back through cycling
  http://www.bccclub.org [7]
- **Beach Cities Ski Club**
  Provides ski trips and other seasonal sports and social activities
  http://www.bcskiclub.org/ [8]
- **Beach Cities Volleyball**
  Indoor volleyball camps and clinics for boys and girls ages 7-18
  www.BeachCitiesVBC.com [9]
- **California Beach Volleyball Association**
  Holds beach volleyball tournaments for various levels of play
  http://cbva.com/ [10]
- **Los Angeles Wheelmen**
  Bicyclists who enjoy riding with friends on easier, moderate, and difficult rides

http://www.lawheelmen.org/homepage.htm [11]

- **Prank Monkey**
  Organizes sports leagues, tournaments and related activities for adults, including beach flag football, beach volleyball and bowling
  http://www.prankmonkey.org/ [12]
- **South Bay Sports**
  Provides a wide range of individual and team sports at a variety of competitive and recreational levels
  http://www.southbaysports.com/index.asp [13]
- **South Bay Bicycle Coalition**
  A grassroots advocacy group striving to build a better, safer, more easily bike-able South Bay
  http://www.southbaybicyclecoalition.org/ [14]
- **South Bay Volleyball**
  Classes and leagues
  http://southbayvolleyball.com/ [15]
- **South Bay Volleyball Group**
  A Meet-up group that provides opportunities to play volleyball
  http://www.meetup.com/Southbay-Volleyball-Group/ [16]
- **Volleyball Ventures**
  Sponsors beach volleyball tournaments for members
  http://cbva.com/ [10]

Support Groups

- **Cancer Support Community Redondo Beach**
  A source of cancer support, education, and hope (formerly The Wellness Community, South Bay Cities)
  http://www.wellnessandcancer.org/ [17]
- **La Leche of Redondo Beach**
  Support for breast feeding mothers
  http://www.llusa.org/web/RedondoBeachCA.html [18]
- **The Gathering Place**
  A non-profit center to help people deal with loss and life transition
  http://www.griefcenter.info/welcome.html [19]

Activities

- **Hermosa Beach Recreation Department**
  Provides a variety of recreational and leisure activities, classes, and sports leagues
  http://www.hermosabch.org/index.aspx?page=115 [20]
- **Manhattan Beach Recreation Department**
  Provides an array of leisure and recreational services, including classes and athletic leagues, aimed at enhancing the quality of life for residents of the City
  http://www.ci.manhattan-beach.ca.us/index.aspx?page=343 [21]
- **Redondo Beach Recreation Department**
  Provides a variety of recreational and leisure activities, classes, and sports leagues
  http://www.redondo.org/depts/recreation/default.asp [22]
- **South Bay Fun Club**
  An activities club for singles and couples, widowed, separated and divorced adults
  http://www.southbayfunclub.com/ [23]

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Briney Planting Day 013.jpg [24] | 1.69 MB
Banner Right:
Biker.jpg [25] | 1.29 MB

Source URL: http://bchd.org/get-involved/community-partners-clubs-groups

Links:
[1] http://www.eccommunityed.com/
[2] http://www.gradesofgreen.org/
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[11] http://www.lawheelmen.org/homepage.htm
[12] http://www.prankmonkey.org/
[13] http://www.southbaysports.com/index.asp
[14] http://www.southbaybicyclecoalition.org/
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[18] http://www.lllusa.org/web/RedondoBeachCA.html
[19] http://www.griefcenter.info/welcome.html
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[22] http://www.redondo.org/depts/recreation/default.asp
[23] http://www.southbayfunclub.com/
[24] http://bchd.org/sites/default/files/field_banner_image/Briney Planting Day 013.jpg
[25] http://bchd.org/sites/default/files/field_banner_image_right/Biker.jpg