REGULAR MEETING BOARD OF DIRECTORS BEACH CITIES HEALTH DISTRICT October 24, 2012

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:40 p.m.

Members Present:	Joanne Edgerton Dr. Robert Grossman Vanessa Poster
Members Absent:	Marie Corr Dr. Noel Chun

Legal Counsel Present:	Robert Lundy, Hooper, Lundy & Bookman
Staff Present:	Susan Burden, CEO

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
Call to Order	Dr. Robert Grossman opened the meeting and. invited Ms. Susan Burden, Chief Executive Officer, to lead the salute to the flag.	
Public Discussion	Dr. Grossman asked if any member of the public would like to address the Board on any issue not on the agenda.	
	Dr. Grossman invited Mr. Richard Strom, a resident of Manhattan Beach, to the podium.	
	 Mr. Strom referred the Board to two memos he provided to the board, one that is in regard to a grocery store initiative which he will not be addressing this evening. Mr. Strom stated that the second memo is in regard to encouraging the Beach Cities Health District to provide a much more comprehensive information service e.g., a Care Facility Registrar, on care facilities that are available that would be beneficial to families in the South Bay. Dr. Grossman invited Ms. Maria Cantoria to the podium. Ms. Cantoria presented an overview of the care giver services that she offers in the various facilities that she owns and operates in the community. 	

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	Mr. Vanessa Poster, a member of the Beach	
	Cities Board of Directors, announced that she	
	was recently diagnosed with early stage of	
	breast cancer. Ms. Poster stated that in honor	
	of Breast Cancer Month and in support of her,	
	she implored all women to get a mammogram.	
Community Partner	Ms. Susan Burden, Chief Executive Officer,	
Introduction:	stated that the District has been a partner with	
	the South Bay Bicycle Coalition for several	
Mike Don, Executive	years and they have been a recipient of a Micro-	
Director, South Bay	Enrichment Grant by the District. Ms. Burden	
Bicycle Coalition	invited Mr. Mike Don, Executive Director of the	
	South Bay Bicycle Coalition, to the podium.	
	Ms. Burden expressed her appreciation to Ms.	
	Poster for her comments and her courage.	
	Mr. Den presented on eventions of his position	
	Mr. Don presented an overview of his position	
	as part-time Executive Director of the South Bay	
	Bicycle Coalition (SBBC) and the structure and	
	organization of the SBBC. Mr. Don reported	
	that the SBBC has adopted a strategic plan: 1.	
	To build more bicycle lanes; 2. Conduct Safety	
	training for adults and children; and 3. Getting	
BCHD Staff	more people to ride bicycles. Dr. Grossman invited Ms. Kerianne Lawson,	
Presentation:	Community Care Services Manager, to the	
Older Adult Services	podium.	
Holiday Gift Bags		
Program	Ms. Lawson presented an overview of the Older	
riogram	Adult Services Holiday Gift Bags Program that	
	was originally started twenty five years ago by	
	the South Bay Auxiliary distributing thirty five	
	bags, and now we are distributing two hundred	
	and fifty bags. The South Bay Auxiliary donated	
	\$4,000.00 this year and one of their volunteers,	
	Chick, has hand knitted or crocheted scarves	
	that will be included in each of the gift bags. Ms.	
	Lawson asked that everyone consider delivering	
	a gift bag or donating one in honor of the South	
	Bay Auxiliary by contacting Ms. Heather	
	Hocking, Care Manager. The gift bags are	
	going to be assembled on December 3 rd and will	
	be delivered to seniors in the community	
	between December 4 th and December 23 rd by	
	volunteers from the local Fire Departments,	
	Police Departments, Girl Scouts, and volunteers	
	from the community.	
Review and Approval	The Board reviewed the minutes of the	After review, it was
of the Minutes of the	September 19, 2012, 2012 Regular Meeting.	Moved and Seconded
September 19, 2012		(Edgerton/Poster) of the
Regular Meeting		September 19, 2012,

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
		Regular Meeting. Ms. Edgerton, Dr. Grossman and Ms. Poster voted yes. Dr. Chun and Ms. Corr were not in attendance.
Staff Reports		Motion Carried
Chief Executive Officer	Ms. Susan Burden, Chief Executive Officer, referred the Board to the following events on the Community Events Calendar that will require board representation:	
	 November 1, 2012 Reception for new Hermosa Beach City Manager, Tom Bakaly, sponsored by the Hermosa Beach Chamber of Commerce November 6, 2012 Joint meeting of the Community Health and Strategic Planning Committees where the the draft of the 2013 Blue Zones Project Blueprint will be reviewed November 16, 2012 Strategic Development Day with Ben Leedle and Dan Buettner where discussions will focus on the Blue Zones Project with regard to successes and lessons learned November 27, 2012 Policy Committee Meeting November 28, 2012 Board of Directors Meeting 	
	Ms. Burden reported that the District hosted an Association of California Healthcare Districts legislative day and part of the tour was a LiveWell Tots nutrition lesson where the participants got to see two-and three-year olds stirring and painting their squash. Ms. Burden commended Youth Services for their efforts in the success of the LiveWell Tots program.	
	Ms. Burden reported that she has reminded staff that if they are civically involved in the electoral process that they are not representing the Beach Cities Health District but are acting on their own personal behalf.	
Chief Medical Officer	Dr. Santora reported that flu season is upon us and stressed the importance of getting a flu shot. The recommendation is for everyone six months and older to get a flu shot. Information	

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	on locations for obtaining flu shots can be found on the BCHD website and flu shots will also be available at the Redondo Beach Senior Health Fair on Friday, October 26, 2012 at the Aviation	
	Gym in Redondo Beach. Dr. Santora reported that the Blue Zones Project is moving forward. As part of the Mayors	
	Challenge, the city of Redondo Beach has the highest percentage of residents who have gone on the Blue Zones website to register and to learn about the Power 9 Principles and to take a pledge to complete actions toward moving naturally, connecting, eating wisely and having the right outlook. Dr. Santora put out a challenge to everyone to go on line and pledge to complete an action and join the 10,000 beach	
	cities residents who have already gone on line and made their pledge.	
Legal Counsel	Mr. Lundy had no report.	
Community Health	Ms. Edgerton reported that the Community	
Committee	Health Committee is scheduled to participate in a joint meeting with the Strategic Planning Committee on Tuesday, November 6, 2012 at 6:30 p.m. in the Beach Cities Room. The committees will be reviewing a draft of the 2013 Blue Zones Project Blueprint.	
Finance Committee Treasurer's Report	Ms. Edgerton reported that staff is polling for a meeting of the Finance Committee on Tuesday, November 20, 2012.	
Approve Checks No. 55351 through 55575 totaling \$489,401.21 Accounts Payable for the Month of September 2012		It was Moved and Seconded (Poster/Grossman) to Approve Checks No. 55351 through 55575 totaling \$489,401.21 Accounts Payable for the Month of September 2012. Ms. Edgerton, Dr. Grossman and Ms. Poster voted yes. Dr. Chun and Ms. Corr were not in attendance. Motion Carried
Policy Committee	Ms. Poster reported that the Policy Committee is scheduled to meet on Tuesday, November 27, 2012 at 6:30 p.m. in the 3 rd Floor Board Room.	
	The committee will be reviewing several Human Resources policies.	
Properties Committee	Dr. Grossman reported that the Properties Committee did not meet.	

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Strategic Planning	Ms. Poster reported that the Strategic Planning	
Committee	Committee is scheduled to participate in a joint	
	meeting with the Community Health Committee	
	on Tuesday, November 6, 2012. The	
	committees will be reviewing a draft of the 2013	
	Blue Zones Project Blueprint. There is a	
	, ,	
	Strategic Development Day scheduled on	
	Friday, November 16, 2012 at a location to be	
	determined.	
Old Business	There were no reports.	
New Business	There were no reports.	
Board Member Reports	Ms. Edgerton reported that she attended the	
	following events:	
	 Association of California Healthcare Districts 	
	Legislative Day hosted by the District and	
	as part of the visit, observed the District's	
	LiveWell Tots program at the South Bay Adult	
	School	
	◆Represented the District, at her own expense,	
	together with the City of Redondo Beach, on	
	•	
	the 2012 Okinawa tour for the purpose of	
	finalizing the Itoman Sister City Agreement.	
	Dr. Grossman reported that he represented the	
	District on the 2012 Okinawa tour for the	
	purpose of finalizing the Itoman Sister City	
	Agreement. The group met with a centenarian	
	and her family and witnessed the support that	
	Japanese families offer to their elders. Dr.	
	Grossman reported the group also met with Dr.	
	Wilcox who planted the seed with Dan Buettner	
	regarding the Blue Zones concept. Dr.	
	Grossman reported that that the Mayor and City	
	Council Members of the City of Itoman will be	
	visiting Redondo Beach in January 2013. Dr.	
	Grossman reported that he attended the	
	Association of California Healthcare Districts	
	Executive Board Meeting.	
	Ms. Poster reported that she attended the	
	following meetings/events:	
	 Association of California Healthcare Districts 	
	Legislative Day hosted by the District	
	◆Redondo Beach Round Table Luncheon	
	◆TEDx Redondo Beach seminar	
	◆South Bay Children's Healthcare Fund	
	Raising Event	
	◆Redondo Beach Lobster Fest	
Announcements/	There were no reports.	
Questions and		

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Referrals to Staff		
Closed Session	At 7:30 p.m. the meeting went into Closed	
Pursuant to	Session Pursuant to Government Code Section	
Government Code	54956.8	
Section 54956.8	Conference with Real Property Negotiators	
Conference with Real	Property: 514 N. Prospect Avenue, Redondo	
Property Negotiators	Beach, CA and 1272 Beryl Street, Redondo	
Property: 514 N.	Beach, CA	
Prospect Avenue,	District Negotiator: Susan M. Burden, Chief	
Redondo Beach, CA	Executive Officer	
and 1272 Beryl Street,	Negotiating Parties: University of California at	
Redondo Beach, CA	Los Angeles / Beach Cities Health District.	
District Negotiator:	Under Negotiation: Price / Rent and Terms of	
Susan M. Burden, Chief	Payment Relating to Development and lease of	
Executive Officer	new Medical Office Building on Above Property	
Negotiating Parties:		
University of California		
at Los Angeles / Beach		
Cities Health District		
Under Negotiation:		
Price / Rent and Terms		
of Payment Relating to		
Development and lease		
of new Medical Office		
Building on Above		There was no report on
Property		Action Taken.
Open Session:	Open Session resumed at 8:00 p.m.	It was Moved and
Action Item:		Seconded
Approve the		(Poster/Grossman) to
Establishment of a		Approve the Establishment
Capital Project Fund		of a Capital Project Fund
for the Planning,		for the Planning,
Development and		Development and Lease of
Lease of a New Medical		a New Medical Office
Office Building at 514		Building at 514 N.
N. Prospect Avenue,		Prospect Avenue,
Redondo Beach, CA		Redondo Beach, CA and
and 1272 Beryl Street,		1272 Beryl Street,
Redondo Beach, CA,		Redondo Beach, CA,
Locations, Not to		Locations, Not to Exceed
Exceed \$100,000.00		\$100,000.00 With
With Quarterly Review.		Quarterly Review.
Authorization of BCHD		Authorization of BCHD
Chief Executive Officer		Chief Executive Officer to
to Make Expenditures		Make Expenditures from
from the Fund in		the Fund in Furtherance of
Furtherance of the		the Project. Ms. Edgerton,
Project.		Dr. Grossman and Ms.
		Poster voted yes. Dr.
		Chun and Ms. Corr were
		not in attendance.
		Motion Carried

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Adjournment	Dr. Grossman moved to adjourn the meeting in memory of Louise Herbison, a dedicated South Bay Auxiliary Volunteer.	There being no further business, Dr. Grossman Moved to adjourn the meeting. Meeting
		adjourned at 8:05 p.m.

The next Regular Meeting of the Beach Cities Health District Board of Directors is scheduled for Wednesday, November 28, 2012 at 6:30 p.m. in the Beach Cities Room of the Beach Cities Health Center, located at 514 N. Prospect Avenue, Redondo Beach, California