

**REGULAR MEETING
BOARD OF DIRECTORS
BEACH CITIES HEALTH DISTRICT
September 15, 2015**

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:35 p.m.

Members Present: Dr. Michelle Bholat
Dr. Noel Chun
Jane Diehl
Vanessa Poster

Members Absent:

Legal Counsel Present: Bob Lundy, Hooper, Lundy & Bookman
Staff Present: Susan Burden, CEO

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
Call to Order-Salute to the Flag	Ms. Vanessa Poster opened the meeting and led the salute to the flag.	
Public Discussion	Ms. Poster asked if any member of the public would like to address the Board on any issue not on the agenda. No one from the public stepped forward.	
Review and Approval of the Minutes of the August 6, 2015 Special Meeting	The Board reviewed the Minutes of the August 6, 2015 Special Meeting.	After review, it was Moved and Seconded (Diehl/Bholat) to approve the minutes of the August 6, 2015 Special Meeting. Dr. Bholat, Ms. Poster and Ms. Diehl voted yes. Dr. Chun was not in attendance. Motion Carried
Applicant Selection for Vacant Board Member Position 1. Action Item: Appointment of New Board Member	Ms. Poster invited Ms. Marilyn Rafkin, Assistant to the Chief Executive Officer—Special Projects, to the podium to review the policy for filling a vacancy on the Board. Ms. Rafkin summarized the action taken at the August 6, 2015 Special Meeting and the decision to fill the vacancy by appointment. Ms. Rafkin reviewed BCHD Policy 2060: Filling a Vacancy on the Board, including compliance with Government Code Section 1780 and the Brown Act, posting requirements, and the application, nomination and the voting processes.	

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	<p>Ms. Poster invited each of the Board applicants, in alphabetical order, to the podium to present their qualifications.</p> <p>Ms. Lenore Bloss addressed the Board.</p> <p>Mr. Chris Cagle addressed the Board.</p> <p>Mr. Walt Dougher addressed the Board.</p> <p>Mr. Vijay Jeste addressed the Board.</p> <p>Mr. Julian Katz addressed the Board.</p> <p>Dr. John Wallace addressed the Board.</p> <p>After each presentation, each applicant was asked to respond to the same two questions by the Board:</p> <ol style="list-style-type: none"> 1. What is one word or theme you would want to be known for after serving the BCHD Board of Directors? 2. If you were to be chosen, what would your "pet project" be? <p>Ms. Poster opened the floor for nominations and explained that each board member may make only one nomination and that a Roll Call Nominating System is being used. The order of nominations was determined by lot with Ms. Susan Burden, Chief Executive Officer, picking the names of the Board members by lot, according to Policy 2060.</p> <p>Ms. Poster Nominated Ms. Bloss.</p> <p>Ms. Diehl Nominated Ms. Bloss.</p> <p>Dr. Chun Nominated Mr. Cagle.</p> <p>Dr. Bholat Nominated Mr. Jeste.</p> <p>Ms. Poster asked for a motion to close the nominations. Moved: Ms. Diehl Seconded: Dr. Bholat</p> <p>The Board discussed and voted on the motion to close the nominations.</p> <p>Ms. Poster opened the floor for Board</p>	<p>Moved and Seconded (Diehl/Bholat) to close the nominations to fill the Board vacancy. Dr. Bholat, Dr. Chun, Ms. Diehl and Ms. Poster voted yes. Motion Carried</p>

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	<p>discussion on the nominations and Public Discussion on the nominations.</p> <p>Ms. Poster called for a vote for each nominee in the order they were nominated. Each Board member may cast one or two votes with not more than one vote per nominee.</p> <p>Ms. Poster announced the results of the vote:</p> <p style="padding-left: 40px;">Ms. Bloss—2 votes Mr. Cagle—2 votes Mr. Jeste—1 vote</p> <p>There being no majority, the person with the least votes, Mr. Jeste, was eliminated.</p> <p>Ms. Poster asked in any Board member wanted to reopen the nominations. No one wanted to reopen the nominations.</p> <p>Ms. Poster then called for a vote on the two remaining candidates. The Board voted again.</p> <p>Ms. Poster announced the results of the vote:</p> <p style="padding-left: 40px;">Ms. Bloss—3 votes Mr. Cagle—2 votes</p> <p>Ms. Bloss received a majority and was appointed as BCHD Board member.</p>	<p>Ms. Lenore Bloss received a majority of the votes and was named as BCHD Board member.</p>
<p>Swearing in of New Board Member</p>	<p>Ms. Poster administered the oath of office to Ms. Lenore Bloss.</p> <p>Ms. Bloss took her place at the table with the other Board members.</p> <p>Ms. Bloss expressed how thrilled and honored she was to be chosen.</p>	<p>Ms. Poster administered the oath of office to Ms. Bloss.</p>
	<p>A three-minute break was taken.</p>	
<p>Appointment of Board Member to BCHD Committees</p>	<p>Ms. Poster explained that Dr. Grossman's positions on committees needed to be filled.</p> <p>Ms. Poster appointed Ms. Bloss to the Community Health Committee.</p> <p>Ms. Poster appointed Ms. Bloss to the Properties Committee</p>	<p>The Board members concurred with and affirmed the appointment of Ms. Bloss to the Community Health Committee and the Property Committee.</p>
<p>Election of President Pro-Tem of the Board</p>	<p>Ms. Poster explained that Dr. Grossman's position as President Pro Tem was vacant and</p>	<p>It was Moved and Seconded (Bholat/Chun)</p>

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<p>of Directors</p>	<p>she called for nominations and a second to the office of President Pro Tem.</p> <p>Dr. Bholat nominated Ms. Diehl to the position of Present Pro Tem.</p> <p>The nomination was seconded by Dr. Chun.</p>	<p>to elect Ms. Diehl to the position of President Pro-Tem of the Board of Directors.</p> <p>Dr. Bholat, Ms. Bloss, Dr. Chun, Ms. Diehl and Ms. Poster voted yes.</p> <p>Motion Carried</p>
<p>Staff Recognition</p> <p>Fifteen Year Anniversary: Frances Mitoma, Billing Specialist, Finance</p>	<p>Ms. Poster invited Ms. Susan Burden, Chief Executive Officer, to the podium.</p> <p>Ms. Burden Ms. Frances Mitoma, Billing Specialist and Ms. Monica Suua, Finance Director, to join her at the podium. Ms. Burden thanked Ms. Mitoma for her fifteen years of service and highlighted her career at the Center for Health & Fitness and in the Finance Department. Ms. Mitoma received one of the first District core value awards.</p> <p>Ms. Suua thanked Ms. Mitoma as a valuable member of the team and stressed her sense of humor and excellent customer service. She congratulated Ms. Mitoma upon her upcoming retirement at the end of September.</p> <p>Ms. Mitoma thanked the Board and expressed how proud she has been to work at BCHD. She closed by saying “I’ve been the lucky one.”</p>	
<p>Program and Staff Reports</p> <p>A. Chief Executive Officer</p>	<p>Ms. Poster invited Ms. Susan Burden, Chief Executive Officer, to address the Board of Directors.</p> <p>Ms. Burden welcomed Ms. Bloss to the Board of Directors.</p> <p>Ms. Burden continued with her report:</p> <ul style="list-style-type: none"> • The BCHD 60th Anniversary celebration will be on Saturday, September 19th at 10 a.m. She requested that Board members come early to greet the guests. There are over 215 reservations including elected officials and friends of BCHD. Mr. Walt Dougher will be the Master of Ceremonies. • Thank you to the Human Resources Department for BCHD being named a Best Place to Work in both Modern 	

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	<p>Healthcare and the Los Angeles Business Journal.</p> <ul style="list-style-type: none"> • Time of change for BCHD: <ul style="list-style-type: none"> ○ Dr. Grossman’s untimely death ○ Lenore Bloss joining the Board ○ Dr. Santora, Chief Medical Officer, moving ○ Gloria Carroll, Executive Assistant and Board Secretary, leaving for medical reasons. A retirement party will be held for her in the future. ○ Human Resources is recruiting for a new Medical Director. Dr. Bholat has been reviewing applications. ○ Human Resources is interviewing for a new Executive Assistant. • Thank you to Barbara ramsey-Duke for signing up our 100th Blue Zones restaurant. She congratulated Ms. ramsey-Duke for her integrity in the process. The current Board meeting is being catered by the 100th restaurant. • Congratulations to Dr. Bholat for being named to a full term on the Board of the Association of California Healthcare Districts. • Congratulations to Ms. Diehl for her profile in Women’s Day Magazine. • 	
<p>B. Blue Zones Project Update</p>	<p>Ms. Poster invited Ms. Lauren Nakano, Director, Blue Zones Project, to the podium.</p> <p>Ms. Nakano presented an update on the Blue Zones Project (BZP):</p> <ul style="list-style-type: none"> • Blue Zones Project Phase 2 Goals (2013): <ul style="list-style-type: none"> ○ Measurably improve health and well-being ○ Increase engagement of residents ○ Achieve Blue Zones Project Community Certification® • Blue Zones Project Milestones comparison between November 2013 and August 2015: <ul style="list-style-type: none"> ○ Pledges—6,000 to over 22,000 ○ Participants—25,000 to over 50,000 ○ Events—30 to over 100 per year ○ WSB Routes—26 to 37 	

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	<ul style="list-style-type: none"> ○ Alliance Schools—6 to 14 ○ Restaurants—63 to 101 • Blue Zones Project 2014-15 Landmarks: <ul style="list-style-type: none"> ○ Redondo Beach Gateway and Bike Path Improvement ○ Aviation Boulevard—SCAG grant to assess the addition of a bicycle lane ○ Mindfulness and Purpose Workshops ○ Partnership with local PTAs for Healthy School Pledge Drive • Gallup-Healthways Well-Being Index™ <ul style="list-style-type: none"> ○ 2015 over-sampling survey is from September 14th through October 12th ○ January 27, 2016—Dan Witters from Gallup will present the findings to the Board of Directors. There will also be an afternoon session that Board members will be invited to. <p>Ms. Nakano introduced the staff members of the Blue Zones Project team.</p>	
C. Legal Counsel	<p>Mr. Lundy had no report.</p> <p>He welcomed Ms. Bloss to the Board of Directors.</p>	
Community Health Committee	<p>Dr. Michelle Bholat reported that the Community Health Committee did not meet.</p>	
<p>Finance Committee Treasurer’s Report</p> <p>1. Action Item: Approve Checks No. 63751 through No. 63942 totaling \$329,790.01 for Accounts Payable for the Month of July 2015</p> <p>2. Action Item: Approve Checks No. 63943 through No. 64133 totaling</p>	<p>The Finance Committee did not meet.</p> <p>Dr. Chun recommended approval of Checks No. 63751 through No. 63942 totaling \$329,790.01 for Accounts Payable for the Month of July 2015.</p> <p>Dr. Chun recommended approval of Checks No. 63943 through No. 64133 totaling \$526,939.89 for Accounts Payable for the Month of August 2015.</p>	<p>It was Moved and Seconded (Diehl/Bholat) to approve Checks No. 63751 through No. 63942 totaling \$329,790.01 for Accounts Payable for the Month of July 2015. Dr. Bholat, Ms. Bloss, Dr. Chun, Ms. Diehl and Ms. Poster voted yes. Motion Carried</p> <p>It was Moved and Seconded (Bloss/Diehl) to approve Checks No. 63943 through No. 64133</p>

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<p>\$526,939.89 for Accounts Payable for the Month of August 2015</p>		<p>totaling \$526,939.89 for Accounts Payable for the Month of August 2015. Dr. Bholat, Ms. Bloss, Dr. Chun, Ms. Diehl and Ms. Poster voted yes. Motion Carried</p>
<p>3. Action Item: Amend the 2015-2016 Budget to Pay the CalPERS charge of \$77,000 Employee Retirement Cost as a Result of New Valuation Process for Year 2015-2016</p>	<p>Dr. Chun recommended approval of the amendment of the budget to pay the CalPERS charge of \$77,000 employee retirement cost as a result of the new valuation process.</p>	<p>It was Moved and Seconded (Poster/Bloss) to Amend the 2015-2016 Budget to Pay the CalPERS charge of \$77,000 Employee Retirement Cost as a Result of New Valuation Process for Year 2015-2016. Dr. Bholat, Ms. Bloss, Dr. Chun, Ms. Diehl and Ms. Poster voted yes. Motion Carried</p>
<p>4. Action Item: Approve Reclassification of Capital Project Fund for the Planning, Development and Lease of a New Medical Office Building at 514 N. Prospect Avenue, Redondo Beach, CA and 1272 Beryl Street, Redondo Beach, CA, Locations, Not to Exceed \$100,000 with quarterly review to Project Fund for the Planning and Development of a New Senior Living Project at 514 North Prospect Avenue, Redondo Beach, CA, not to exceed \$100,000 with quarterly review. Authorization of BCHD Chief Executive Officer to Make Expenditures from the Fund in Furtherance of the Project.</p>	<p>Dr. Chun recommended the reclassification of the \$100,000 capital project fund from the planning, development and lease of a new medical office building to the planning and development of a new senior living project at 514 North Prospect Avenue, Redondo Beach.</p>	<p>It was Moved and Seconded (Diehl/Bloss) to Approve Reclassification of Capital Project Fund for the Planning, Development and Lease of a New Medical Office Building at 514 N. Prospect Avenue, Redondo Beach, CA and 1272 Beryl Street, Redondo Beach, CA, Locations, Not to Exceed \$100,000 with quarterly review to Project Fund for the Planning and Development of a New Senior Living Project at 514 North Prospect Avenue, Redondo Beach, CA, not to exceed \$100,000. Authorization of BCHD Chief Executive Officer to Make Expenditures from the Fund in Furtherance of the Project. Dr. Bholat, Ms. Bloss, Dr. Chun, Ms. Diehl and Ms. Poster voted yes. Motion Carried</p>

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Policy Committee	Ms. Poster reported that the Policy Committee did not meet.	
Properties Committee	Ms. Diehl reported that the Properties Committee did not meet. She welcomed Ms. Bloss as a member of the committee.	
Strategic Planning Committee	Ms. Poster reported that the Strategic Planning Committee did not meet.	
Old Business	There was no Old Business	
New Business	There was no New Business	
Board Member Reports	<p>Ms. Diehl reported that she attended:</p> <ul style="list-style-type: none"> • Lifeguard Medal of Valor dinner where Dr. Grossman and BCHD's contributions were mentioned. <p>Ms. Poster had no report.</p> <p>Dr. Bholat had no report.</p> <p>Dr. Chun had no report.</p>	
Announcements/ Questions and Referrals to Staff	<p>Ms. Poster requested that staff contact Board applicants and invite them to serve on BCHD committees.</p> <p>Ms. Poster requested that staff follow up on two of the Board applicants' "pet projects":</p> <ul style="list-style-type: none"> • Follow up with Chris Cagle on partnering on grants with the Workforce Investment Board • Follow up with Julian Katz on services for veterans 	
Adjournment	Ms. Poster moved to adjourn the meeting in honor of Dr. Robert Grossman.	There being no further business, Ms. Poster Moved to adjourn the meeting. Meeting adjourned at 8:18 p.m.

The next Regular Meeting of the Beach Cities Health District Board of Directors is scheduled for Wednesday October 28, 2015 at 6:30 p.m. in the Beach Cities Room of the Beach Cities Health Center, located at 514 N. Prospect Avenue, Redondo Beach, California