REGULAR MEETING BOARD OF DIRECTORS BEACH CITIES HEALTH DISTRICT July 31, 2013

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:35 p.m.

Members Present: Dr. Noel Chun

Marie Corr

Joanne Edgerton Dr. Robert Grossman Vanessa Poster

Members Absent:

<u>Legal Counsel Present</u>: Bob Lundy, Hooper, Lundy & Bookman

Staff Present: Dr. Lisa Santora, CMO

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
Call to Order	Ms. Joanne Edgerton opened the meeting and invited Ms. Marilyn Rafkin, Director of Community Care Services, to lead the salute to the flag.	
Public Discussion	Ms. Edgerton asked if any member of the public would like to address the Board on any issue not on the agenda. Ms. Edgerton invited Councilmember Mark Burton of the City of Manhattan Beach, to the	
	Councilmember Mark Burton asked the Board of Directors if they would consider having an annual meeting with the City Council of Manhattan Beach in order to inform the residents of the various invaluable programs and services that the District provides to the community. Councilmember Burton also proposed that the Beach Cities Health District, perhaps in conjunction with the Manhattan Beach Rotary, conduct a meeting similar to the Manhattan Village concept, bringing senior and junior volunteers together where senior volunteers can mentor junior volunteers. Dr. Chun referred Councilmember Burton's requests to staff for their recommendations.	

Prepared By: Gloria Carroll

July 31, 2013

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
Review and Approval of the Minutes of the June 26, 2013 Regular Meeting	The Board reviewed the minutes of the June 26, 20l13 Regular Meeting.	After review, it was Moved and Seconded (Poster/Chun) to approve the Minutes of the June 26, 2013 Regular Meeting. Ms. Corr, Dr. Chun, Ms. Edgerton and Ms. Poster voted yes. Dr. Grossman was not in attendance. Motion Carried
Beach Cities Health District Staff Recognition:	Ms. Edgerton invited Ms. Marilyn Rafkin, Director of Community Care Services, to the podium.	
Retirement: Marilyn Rafkin	Ms. Edgerton presented a plaque to Ms. Rafkin in recognition and appreciation of her accomplishments, teamwork and pioneering vision in her nineteen years of service to the District and wished her well on her retirement. Ms. Edgerton commended Ms. Rafkin her for the many innovative programs that she initiated and the people that she has mentored during her years of service to the District. Councilmember Mark Burton, on behalf of the City of Manhattan Beach, presented a proclamation to Ms. Rafkin in recognition of her nineteen years of service to the Beach Cities Health District and her thirty-one years of distinguished service to the South Bay. Ms. Rafkin expressed her appreciation to the Board of Directors for their support of the Older Adult Programs throughout the years and to her team members for their support and stated that she is looking forward to the next stage of her life. The Board of Directors and Ms. Rafkin participated in a photo opportunity.	
Fifteen Year Anniversaries:		
Ronda Thomas, Older Adult Services	Ms. Edgerton invited Ms. Marilyn Rafkin, Director of Community Care Services, and Ms. Kerianne Lawson, Director of Older Adult Services, to the podium. Ms. Rafkin invited Ms. Ronda Thomas, Client Services Specialist, to the podium. Ms. Rafkin stated that Ms. Thomas exemplifies the District's	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
	Core Value of Integrity and commended her for both her professional and academic accomplishments during her fifteen years of service.	
	Ms. Thomas presented an overview of her professional and academic accomplishments during her fifteen years of service to the District. Ms. Thomas expressed her appreciation to the Board for giving her the opportunity to do what she loves to do.	
Sydney Whitaker, Older Adult Services	Ms. Lawson invited Ms. Sydney Whitaker, Administrative Assistant, for the Older Adult Services department to the podium. Ms. Lawson commended Ms. Whitaker for her fifteen years of dedicated service to the District. Ms. Lawson complimented Ms. Whitaker on her welcoming spirit and winning smile and stated that Ms. Whitaker truly exemplifies the District's Core Values of Excellence and Accountability.	
	Ms. Whitaker expressed her appreciation to the Board of Directors for the opportunity of working at the District for the past fifteen years.	
	Dr. Robert Grossman arrived at the meeting during Ms. Whitaker's recognition.	
Program and Staff Reports	J J	
Communications Department Update	Ms. Edgerton invited Ms. Cristan Higa, Communications Manager, to the podium.	
	Ms. Higa presented an overview of the structure of the Communications Department and the goals and strategies that are utilized in creating awareness and understanding of the various programs and services that Beach Cities Health District provides to the community.	
Chief Executive Officer	Ms. Edgerton announced that Ms. Susan Burden, Chief Executive Officer, was not in attendance.	
Chief Medical Officer	Ms. Edgerton invited Dr. Lisa Santora, Chief Medical Officer, to address the board.	
	Dr. Santora commended Ms. Marilyn Rafkin for her advocacy on behalf of aging adults in the community. Dr. Santora stated that Ms. Rafkin's leadership has significantly contributed to	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
	positioning BCHD as an integrator.	
	Dr. Santora discussed BCHD's involvement in	
	national, state, and local advocacy for	
	advancing community-based prevention as a	
	strategy to improve health outcomes and reduce	
	health care spending. Dr. Santora reported that	
	In the past month, BCHD has met with	
	leadership from UCLA Health, Kaiser South	
	Bay, and Health Care Partners to discuss opportunities to improve care transitions	
	between the traditional health care system and	
	the community. At these meetings, BCHD has	
	been advocating for bridging the gap between	
	the health care system and our prevention work	
	(e.g., chronic disease management, medical	
	fitness center). BCHD has been identified as a	
	model "Integrator." Working in a sustainable	
	fashion with health care, public health and other	
	community partners, integrators: Promote	
	prevention; Improve health and well-being; and,	
	Improve quality and reduce health care costs.	
	BCHD is ahead of the curve with work on this	
	front, but investments from health care reform is	
	accelerating work on this frontier.	
	Dr. Santora brought to the attention of the Board	
	the following events that are on the Community	
	Events Calendar:	
	August 6-27:	
	ZUMBA in the Park Classes at Alta	
	Vista Park, every Tuesday, from 6:30–7:30 p.m.	
	August 16:	
	Center for Health and Fitness Member	
	Appreciation Barbeque	
	5:00-8:00 p.m. BCHD Garden	
	Dr. Contago approximated that are Catalyan 40	
	Dr. Santora announced that on October 12,	
	2013, the District is planning to sponsor a Blue Zones Project (BZP) event, "BZPaluzza", to	
	celebrate the successes of the BZP. The	
	potential site of the event will be the Hermosa	
	Beach Community Center, pending approval by	
	the City of Hermosa Beach.	
Legal Counsel	Mr. Lundy had no report.	
Community Health	Dr. Grossman reported that there are currently	
Committee	two vacancies and two optional positions open	
	on the Community Health Committee and he is	
Appointment of	recommending the appointment of Stephen	
Community Member to	Cannella, a resident of Hermosa Beach, to fill	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
the Community Health	one of the open positions.	
Committee		
	Dr. Chun made a motion to approve the appointment of Stephen Cannella to the Community Health Committee, effective August 1, 2013 through June 30, 2015.	It was Moved and Seconded (Corr/Poster) to approve the appointment of Stephen Cannella to the Community Health Committee effective August 1, 2013 through June 30, 2015. Motion Carried Unanimously
Finance Committee	Dr. Chun reported that the Finance Committee	
Treasurer's Report	did not meet. Dr. Chun announced that the District is currently recruiting members of the community to fill one vacant position and two optional positions on the Finance Committee.	
Action Item:		It was Moved and
Action item: Approve Checks No. 57553 through 57818, totaling \$632,947.05 for Accounts Payable for the Month of June 2013		Seconded (Chun/Poster) to Approve Checks No. 57553 through 57818, totaling \$632,947.05 for Accounts Payable for the Month of June 2013. Motion Carried Unanimously
	Ms. Edgerton reported that District staff, the Chair and 2 nd Chair of the BCHD Finance Committee, and Price Waterhouse Coopers (PwC) participated in an introductory meeting regarding potential opportunities to monetize various District programs.	
Policy Committee	Ms. Poster reported that the Policy Committee did not meet.	
Properties Committee	Dr. Chun reported that the Properties Committee did not meet.	
Strategic Planning	Ms. Corr reported that the Strategic Planning	
Committee	Committee did not meet.	
Old Business	There was no Old Business.	
New Business	There was no New Business.	
Board Member Reports	Dr. Chun had no events to report. Ms. Poster reported her attendance at the following events: ◆ZUMBA in the Park Class ◆Redondo Beach Round Table Luncheon ◆Redondo Beach Chamber of Commerce Installation Dinner, where Susan Burden, Chief Executive Officer, was named Woman of the	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
AGENDA ITEM	Proof of the proo	ACTION OR FOLLOW-UP
	following event/meeting: •Redondo Beach Chamber of Commerce Installation Dinner, where Susan Burden, Chief Executive Officer, was named Woman of the Year •PwC Meeting	
Announcements/ Questions and Referrals to Staff	There were no reports.	
Adjournment	Ms. Edgerton moved to adjourn the meeting in memory of Lillian Kawasaki.	There being no further business, Ms. Edgerton Moved to adjourn the meeting. Meeting adjourned at 7:25 p.m.

The next Regular Meeting of the Beach Cities Health
District Board of Directors is scheduled for
Wednesday, September 25, 2013 at 6:30 p.m. in the
Beach Cities Room of the Beach Cities Health Center, located at
514 N. Prospect Avenue, Redondo Beach, California

Prepared By: Gloria Carroll

July 31, 2013