

**REGULAR MEETING
BOARD OF DIRECTORS
BEACH CITIES HEALTH DISTRICT
April 27th, 2016**

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:37 p.m.

Members Present: Dr. Michelle Bholat
Lenore Bloss
Jane Diehl
Vanessa Poster

Members Absent: Dr. Noel Chun

Legal Counsel Present: Bob Lundy, Hooper, Lundy & Bookman
Staff Present: Susan Burden, CEO

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
I. Call to Order-Salute to the Flag	Ms. Jane Diehl opened the meeting and asked Ms. Barbara Ramsey-Duke to lead the salute to the flag.	
II. Public Discussion	Ms. Diehl asked if any member of the public would like to address the Board on any issue not on the agenda. No one from the public stepped forward.	
III. Review and Approval of the Minutes of the March 23rd, 2016 Regular Meeting	The Board reviewed the Minutes of the March 23 rd , 2016 Regular Meeting.	After review, it was Moved and Seconded (Bloss/Bholat) to approve the minutes of the March 23 rd , 2016 Regular Meeting. Dr. Bholat, Ms. Bloss and Ms. Diehl voted yes. Ms. Poster and Dr. Chun were not present. Motion Carried
IV. Beach Cities Health District Staff Recognition Five Year Anniversary: Cristan Higa, Director of Communications	Ms. Diehl invited Ms. Susan Burden, Chief Executive Officer, to the podium Ms. Poster arrived during this part of the meeting. Ms. Burden asked Ms. Cristan Higa, Director of Communications, to join her at the podium. Ms. Burden thanked Ms. Higa for her five years of service and contribution to the community and the agency. Ms. Higa's service has been remarkable in terms of leadership, team building, facilitating and working with other people. Ms. Higa has taken us into the future of	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
<p>Tara Guden, Community Programs Coordinator</p>	<p>communications.</p> <p>Ms. Higa thanked the Board and Ms. Burden and for the amazing time working at the district and working with the Leadership Team and her communications staff. Her staff challenges her and pushes her and she really appreciates it.</p> <p>Ms. Diehl asked Ms. Kerianne Lawson, Director of Lifespan Services, to the podium. Ms. Lawson asked Ms. Tara Guden, Community Programs Coordinator, to join her at the podium. Ms. Lawson stated that we first met Ms. Guden six years ago when she was an intern at The Gathering Place. She began her work at BCHD doing intakes with the Health Connection Program and then transitioned to Supervisor Volunteer for Community Services. She has provided excellent supervision to the volunteers for the last four years. Two months ago she was promoted to Community Programs Coordinator and is now responsible for the evidence-based groups. Ms. Lawson gave examples of how Ms. Guden exemplifies the BCHD core values of compassion, accountability, integrity and excellence.</p> <p>Ms. Guden stated she knew that she wanted to work at Beach Cities Health District when she found out all they did for the community and applied as soon as a position opened. The longer that she worked here she came to understand more and more how amazing a place BCHD is to work for, not just because of the mission, but because of the exemplification of core values that are integral to how we work here and who we hire to work here. BCHD always strives for excellence and there is a desire to learn and make things better and constantly work for the ideal. She feels honored to be a part of the agency for the last 5 years and is grateful to take part in the future of what we will offer to the community.</p>	
<p>V. Program and Staff Reports</p> <p>A. Chief Executive Officer</p>	<p>Ms. Diehl invited Ms. Susan Burden, Chief Executive Officer, to address the Board of Directors.</p>	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
	<p>Ms. Burden Asked Ms. Cristan Higa to the podium to speak about what is going to happen in May.</p> <p>Ms. Higa announced that May is Healthcare District Month. The Communications team will help spread the message through social media and the BCHD website. A number of elected officials will be presenting proclamations at the May Board meeting and the Center for Health and Fitness will be hosting National Senior Health and Fitness week May 23rd – May 27th. Ms. Burden referred the Board to the written report.</p> <p>Ms. Burden highlighted the following:</p> <ul style="list-style-type: none"> • Met with Pat Escalante, Superintendent of Hermosa Beach City School District and invited her to the July 2016 Board meeting to present on the partnership with BCHD and what is happening in the school district with the integration of the Mind Up program in the Kindergarten - Middle school curriculums. • Met with Teri Black on the CEO Recruitment process. She has 1:1 scheduled meetings with all Board members and has already met with staff. Surveys to the community will be done as well as a survey to the employees. Mr. Charlie Velasquez, Executive Assistant, is working to schedule meetings for critical dates. A Special Board Meeting is set for May 16th, 2016 for Brochure Approval. Mr. Velasquez is setting up a meeting for Board members in late June for candidate profiles. We will have a day and a half for candidate interviews: <ul style="list-style-type: none"> ○ Full Day – July 21st, 2016 ○ Half day – July 22nd, 2016 • Announced the Association for California Healthcare District's (ACHD) Annual meeting on May 3rd - May 5th. All Board members have confirmed attendance. • Announced Spirit of Wellness event at 6:00 p.m. on April 28th at the Portofino to honor Center for Health and Fitness members who worked so hard to get their health back. • Announced the Volunteer Recognition 	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
	<p>Brunch on April 30th, 2016 at American Martyrs. The theme is “New York City”.</p> <ul style="list-style-type: none"> • Will meet with Ms. Lenore Bloss to go over the Strategic Planning Half-Day that will be held on May 13th, 2016. The updated Community Health Snapshot will be on the agenda. • The May 2016 Board meeting will have the CEO evaluation, annual budget, audit and the Blue Zones Contract on the agenda. <p>Ms. Burden Asked Ms. Lawson up to the Podium. Ms. Lawson introduced Ms. Melisa Andrizzi-Sobel, the new Director of Community Services. She has a master’s degree in Social Work from UCLA and we are very pleased to have her. Ms. Andrizzi-Sobel stated it is an honor to be here and a pleasure to work for the District and looks forward to continue furthering the agency’s mission.</p> <p>Ms. Bloss commented on the great work being done on No Smoking policies in Manhattan Beach and Hermosa Beach and asked about the status in Redondo Beach. Ms. Burden invited Ms. Lauren Nakano, Director of Blue Zones, to the podium to respond. Ms. Nakano stated that we are working on comprehensive smoking bans and tobacco retail licenses in all three cities. Staff has met with council members in Redondo Beach to gage their interests and submitted formal requests to consider this for their strategic planning process. We have been trying to advocate for a champion on the Council around this and we are waiting for the opportunity when it’s good timing for the city and their process.</p> <p>A discussion ensued regarding the No Smoking Policies in the Beach Cities. It was decided to put this topic on the agenda for a future Board meeting.</p> <p>Ms. Diehl asked for news on Blue Zones Certification. Ms. Burden responded that a public announcement is expected before the end of the week. She continued that in the next Wine @ 5 event on May 10th, we will celebrate in honor of it if it is approved</p> <p>Ms. Bloss asked for news on Design/Build. Ms.</p>	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
	<p>Burden stated that we went to Sacramento to advocate for it, but ACHD didn't promote Design/Build for community health districts. We will try for it again next year. Ms. Burden asked Ms. Jacqueline Sun, Community Policy Analyst, and Mr. Leslie Dickey, Executive Director of Real Estate, to the podium to talk about the ACHD Legislative Day. Ms. Sun stated that she met with five legislative representatives to discuss Design/Build and it was positive and well-received. Mr. Dickey stated that the comments were well-received and the negative response that came in the vote was a surprise and feels that Design/Build would help us in our future development projects.</p>	
<p>B. Center for Health and Fitness</p>	<p>Ms. Diehl invited Ms. Cindy Foster, General Manager of AdventurePlex and Center for Health and Fitness, to the podium.</p> <p>Ms. Foster presented an update on Center for Health and Fitness (CHF):</p> <ul style="list-style-type: none"> • The goal of CHF is to create a healthy beach community through fitness. • Center for Health and Fitness is a unique center that offers all the components to create a well-rounded fitness program under one roof and provides nine core services. • Currently, we have approximately 2,400 members and class participants visiting each month. • We average 13,500 visits a month. • Of our active members, 79% are over 55 years of age and the average age of CHF members is 62. • We have a unique model with 4 areas: Services, Volume spread throughout the day, Quality of services, staff and facility, and affordable Price. • We stay active in the community by partnering with Blue Zones Events and with e-newsletters, which features a member highlight and a wide variety of opportunities to participate and learn. 	
<p>C. Legal Counsel</p>	<p>Mr. Lundy had no report.</p>	
<p>VI.A. Community Health Committee</p>	<p>Dr. Michelle Bholat reported that the Community Health Committee did not meet.</p>	
<p>VI.B. Finance</p>	<p>Ms. Diehl reported that the Finance Committee</p>	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
<p>Committee Treasurer's Report</p> <p>1. Action Item: Approve Checks No. 65397 through No. 65685 totaling \$703,017.90 for Accounts Payable for the Month of March 2016.</p>	<p>did not meet. The next meeting will be on May 23rd, 2016 to review the proposed 2016-2017 budget and the last audit.</p> <p>Ms. Diehl recommended approval of Checks No. 65397 through No. 65685 totaling \$703,017.90 for Accounts Payable for the Month of March 2016.</p>	<p>It was Moved and Seconded (Poster/Bloss) to approve Checks No. 65397 through No. 65685 totaling \$703,017.90 for Accounts Payable for the Month of March 2016. Dr. Bholat, Ms. Bloss, Ms. Diehl and Ms. Poster voted yes. Dr. Chun was not present. Motion Carried</p>
<p>VI.C. Policy Committee</p>	<p>Ms. Poster reported that the Policy Committee did not meet.</p>	
<p>VI.D. Properties Committee</p>	<p>Ms. Diehl reported that the Properties Committee did not meet. The next meeting will be on May 18th, 2016.</p>	
<p>VI.E. Strategic Planning Committee</p>	<p>Ms. Bloss reported that the Strategic Planning Committee did not meet. The Strategic Planning Half-Day will be held on Friday, May 13th, 2016 from 8:30am – 12:30pm at the Redondo Beach Historic Library. All board members have confirmed their attendance.</p>	
<p>VII. Old Business</p>	<p>There was no Old Business</p>	
<p>VIII. New Business</p> <p>1. Action Item: Approve Resolution No. 534, Requesting The Board of Supervisors of the County of Los Angeles to Permit the Registrar Recorder/County Clerk to Render Election Services for an Election of Said Health District to be Held on November 8th, 2016</p>	<p>Ms. Jane Diehl recommended that the Board approve Resolution No. 534, requesting the Board of Supervisors of the County of Los Angeles to permit the Registrar Recorder/County Clerk to render election services for an election of said health district to be held on November 8th, 2016</p>	<p>It was Moved and Seconded (Poster/Bloss) to approve Resolution No. 534, requesting the Board of Supervisors of the County of Los Angeles to permit the Registrar Recorder/County Clerk to render election services for an election of said health district to be held on November 8th, 2016. Dr. Bholat, Ms. Bloss, Ms. Diehl and Ms. Poster voted yes. Dr. Chun was not</p>

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
<p>2. Discussion Item: Community Committee Appointment Process</p>	<p>Ms. Diehl invited Ms. Susan Burden, Chief Executive Officer, to review the Board process for appointing community committee members. The Finance and Strategic Planning Committees have open community committee member positions. Ms. Burden stated that Applications will be out on May 2nd, 2016 and will be due June 1st, 2016. Several Finance Committee, Community Health Committee and Strategic Planning Committee members are eligible for reappointment Reappointments and appointments of new members will be on the agenda for the June Board meeting. Each committee chair can decide how to select new members: review resumes and meet with applicants, or appoint without meeting with them, or have a staff present for an interview.</p>	<p>present. Motion Carried</p>
<p>IX. Board Member Reports</p>	<p>Ms. Bloss reported that she attended:</p> <ul style="list-style-type: none"> • Round Table Meeting <p>Dr. Bholat reported that she attended:</p> <ul style="list-style-type: none"> • Association for California Healthcare Districts Legislative Meeting • American Heart Association meeting • Senator Ben Allen Meet & Greet <p>Ms. Poster reported that she attended:</p> <ul style="list-style-type: none"> • Meeting with Terri Black on CEO Recruitment <p>Ms. Diehl reported that she attended:</p> <ul style="list-style-type: none"> • Redondo Beach Round Table Meeting • Meeting with Terri Black on CEO Recruitment • Senator Ben Allen Meet & Greet <p>Dr. Chun was not in attendance.</p>	
<p>X. Announcements/ Questions and Referrals to Staff</p>	<p>No Smoking policy activities will be put on a future agenda. There were no additional announcements/questions and referrals to staff.</p>	

AGENDA ITEM	DISCUSSION	ACTION OR FOLLOW-UP
XI. Adjournment	Ms. Diehl moved to adjourn the meeting.	There being no further business, Ms. Diehl Moved to adjourn the meeting. Meeting adjourned at 7:36 p.m.

The next Regular Meeting of the Beach Cities Health District Board of Directors is scheduled for Wednesday, May 25th, 2016 at 6:30 p.m. in the Beach Cities Room of the Beach Cities Health Center, located at 514 N. Prospect Avenue, Redondo Beach, California