## REGULAR MEETING BOARD OF DIRECTORS BEACH CITIES HEALTH DISTRICT January 28, 2015

A Regular Meeting of the Board of Directors of the Beach Cities Health District was called to order in the Beach Cities Room of the Beach Cities Health Center at 6:35 p.m.

Members Present: Dr. Michelle Bholat

Dr. Noel Chun Jane Diehl

Dr. Robert Grossman Vanessa Poster

Members Absent:

<u>Legal Counsel Present</u>: David Hatch, Hooper, Lundy & Bookman

Staff Present: Susan Burden, CEO

| AGENDA ITEM                            | DISCUSSION   | ACTION OR FOLLOW-UP |
|--|--|---------------------|
| Call to Order                          | Dr. Noel Chun opened the meeting and invited Mr. Tom Brewer, a representative from Assemblymember David Hadley's office, to lead the salute to the flag.   |                     |
| Public Discussion                      | Dr. Chun asked if any member of the public would like to address the Board on any issue not on the agenda.  Dr. Chun invited Ms. Marie Corr, a former member of the Board of Directors of the Beach Cities Health District, to the podium.  Ms. Corr commended Ms. Joanne Edgerton, former member of the Board of Directors of the Beach Cities Health District, for her years of service on the board and for never wavering on her commitment to the community and the family and embodying what BCHD is all about, healthy living and well-being. |                     |
| Presentations of                       | Dr. Noel Chun invited Mr. Tom Brewer, Senior   |                     |
| Proclamations to                       | Ambassador, from Assemblymember David  |                     |
| Joanne Edgerton in Recognition for Her | Hadley's office to the podium.   |                     |
| Years of Distinguished                 | Mr. Brewer, on behalf of Assemblymember  |                     |
| Service to the                         | David Hadley, presented Ms. Joanne Edgerton  |                     |
| Community and as a                     | with a proclamation commending her for her   |                     |
| Member of the of the                   | years of service to the District and the   |                     |
| Board of Directors of                  | community.   |                     |
| the Beach Cities Health                |  |                     |

Prepared By: Gloria Carroll

January 28, 2015

| AGENDA ITEM | DISCUSSION   | ACTION OR FOLLOW-UP |
|-------------|--|---------------------|
| District    | Dr. Chun invited Mr. Steve Napolitano, Senior Deputy for Supervisor Don Knabe, Los Angeles County Board of Supervisors, to the podium.   |                     |
|             | Mr. Napolitano, on behalf of Supervisor Don Knabe, presented Ms. Edgerton with a proclamation in recognition of her contributions to making the Beach Cities Health District the premier health and wellness organization in California, if not the nation.  |                     |
|             | Dr. Chun invited Mr. Pat Aust, City Council Member, City of Redondo Beach.   |                     |
|             | Councilman Aust presented Ms. Edgerton with a plaque in honor of her accomplishments during her tenure as a member of Board of the Directors of the Beach Cities Health District.  |                     |
|             | Dr. Chun invited Ms. Vanessa Poster, BCHD Board Member, to the podium.   |                     |
|             | Ms. Poster presented proclamations to Ms. Edgerton from the City of Manhattan Beach, the City of Hermosa Beach and California State Senator Ben Allen.   |                     |
|             | Ms. Poster expressed her appreciation to Ms. Edgerton for being a wonderful colleague.   |                     |
|             | Dr. Chun invited Ms. Susan Burden, Chief Executive Officer, to the podium.   |                     |
|             | Ms. Burden expressed her appreciation to Ms. Edgerton for her wisdom and vision in proposing the BCHD Micro-Enrichment Grant program and on-site child day care for employees. Ms. Burden, on behalf of the Board of Directors and staff, presented Ms. Edgerton with a parting gift and a plaque in appreciation of her twelve years of dedicated service to the Cities of Hermosa Beach, Manhattan Beach and Redondo Beach, and a legacy that has measurably increased community health. |                     |
|             | Ms. Edgerton stated that it has been an honor to serve the community. Ms. Edgerton expressed her appreciation to her colleagues on the Board of Directors, Ms. Susan Burden, Dr. Lisa Santora and BCHD staff and her family for all of their support during her twelve years of service.   |                     |

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|                          | There were photo opportunities after each of the   |                             |
|                          | presentations.   |                             |
| Swearing in of Board     | Dr. Chun invited Mr. Steven Diels, City  |                             |
| Members                  | Treasurer, City of Redondo Beach, to the   |                             |
| A. Dr. Michelle Anne     | podium to administer the Oath of Office to the   |                             |
| Bholat                   | three new members of the Board of Directors.   |                             |
| B. Dr. Noel Lee Chun     |  |                             |
| C. Jane Ann Diehl        | Mr. Steven Diels expressed his appreciation to   |                             |
| Mr. Steven Diels, City   | Ms. Edgerton for her dedicated service during  |                             |
| Treasurer, City Of       | her tenure on the Board of Directors and to the  |                             |
| Redondo Beach            | continuing and new board members for their   |                             |
|                          | service.   |                             |
|                          | Mr. Ctova Diala City Transvers City of Dadanda   |                             |
|                          | Mr. Steve Diels, City Treasurer, City of Redondo   |                             |
|                          | Beach, administered the Oath of Office to Dr. Michelle Anne Bholat, Dr. Noel Chun and Ms.  |                             |
|                          | · ·  |                             |
|                          | Jane Ann Diehl, who were sworn in to begin a new term of office.   |                             |
| Election of Officers for | new term of office.  |                             |
| the Board of Directors   |  |                             |
|                          |  |                             |
| President                | Dr. Chun called for nominations for the office of  |                             |
|                          | President for 2015.  |                             |
|                          |  |                             |
|                          | Dr. Chun nominated Ms. Vanessa Poster. Ms.   |                             |
|                          | Diehl seconded the nomination.   |                             |
|                          | T  |                             |
|                          | There were no further nominations and Dr. Chun   |                             |
|                          | closed the nominations.  |                             |
|                          | Ms. Poster accepted the nomination.  |                             |
|                          | ins. I oster accepted the nonlination.   |                             |
|                          | Ms. Poster was elected to the office of President  | It was <b>Moved and</b>     |
|                          | for 2015 and the gavel was turned over to her.   | Seconded (Chun/Diehl) to    |
|                          | The second and government among a second and the se | elect Vanessa Poster to     |
|                          |  | the office of President for |
|                          |  | 2015.                       |
|                          |  | Motion Carried              |
|                          |  | Unanimously                 |
|                          |  |                             |
| President Pro-Tem        | Ms. Poster called for nominations for the office   |                             |
|                          | of President Pro Tem for 2015.   |                             |
|                          | Dr. Chun naminated Dr. Bahart Crasaman, Ma   |                             |
|                          | Dr. Chun nominated Dr. Robert Grossman. Ms. Diehl seconded the nomination.   |                             |
|                          | Dieni Seconded the Hollination.  |                             |
|                          | There were no further nominations and Ms.  |                             |
|                          | Poster closed the nominations.   |                             |
|                          |  |                             |
|                          | Dr. Grossman accepted the nomination.  |                             |
|                          |  |                             |
|                          | Dr. Grossman was elected to the office of  | It was <b>Moved and</b>     |

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|  | President Pro Tem for 2015.   | Seconded (Chun/Diehl) to elect Dr. Robert Grossman to the office of President Pro Tem for 2015. Motion Carried Unanimously  |
| Secretary-Treasurer  | Ms. Poster called for nominations for the office of Secretary/Treasurer for 2015.  Ms. Poster nominated Dr. Noel Chun. Dr. Bholat seconded the nomination.  There were no further nominations and Ms. Poster closed the nominations.            |   |
|  | Dr. Chun accepted the nomination.  Dr. Chun was elected to the office of Secretary/Treasurer for 2015.  | It was Moved and Seconded (Poster/Bholat) to elect Dr. Noel Chun to the office of Secretary/Treasurer for 2015. Motion Carried Unanimously  |
| Review and Approval<br>of the Minutes of the<br>November 19, 2014<br>Regular Meeting | The Board reviewed the Minutes of the November 19, 2014 Regular Meeting.  | After review, it was  Moved and Seconded (Poster/Chun) to approve the minutes of the November 19, 2014 Regular Meeting. Motion Carried Dr. Chun, Dr. Grossman and Ms. Poster voted yes. Dr. Bholat and Ms. Diehl abstained because they were not members of the Board at time of the meeting. |
| Staff Reports  | Ms. Poster invited Ms. Susan Burden, Chief Executive Officer, to address the Board of Drectors.   |   |
| Chief Executive Officer  | Ms. Burden extended her congratulations to the new Board of Directors.  Ms. Burden reported that Dr. Michelle Bholat, Ms. Jane Diehl and she attended the Association of California Healthcare Districts' Leadership Academy in Sacramento. Ms. |   |

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|             | Burden stated that while in Sacramento, she also took the opportunity have a BCHD Board  |                     |
|             | Orientation with Dr. Bholat and Ms. Diehl.   |                     |
|             | Ms. Burden announced that going forward, invitations to the Board of Directors for community events or meetings will be sent by email and they may RSVP by e-mail or on the Board of Directors Events Calendar on Smartsheet.  |                     |
|             | Ms. Burden commended Cristan Higa and Eric Garner from the Communications Department and Ms. Lauren Nakano, Blue Zones Project, for their efforts in coordinating, on a day's notice, a visit to BCHD by Dr. Sanjay Gupta of CNN to film a three-part series about the Beach Cities Health District programs in the community.   |                     |
|             | Ms. Burden announced that Dr. Lisa Santora, Chief Medical Officer, is going to be interviewed by the New York Times on January 29, 2015.   |                     |
|             | Lori Corbin, nutrition and fitness reporter for KABC Channel 7 TV, will feature BCHD Free Fitness weekends in a story.   |                     |
|             | Ms. Burden announced that the District has transitioned the internal management of the 514 N. Prospect Avenue and AdventurePlex facility to Charles Dunn Real Estate Service and the transition has gone very smoothly.  |                     |
|             | Ms. Burden reported that since the move of the Administrative Offices to 1200 Del Amo, she and Dr. Santora spend on an average of three to four times a week visiting the 514 N. Prospect Avenue building.   |                     |
|             | Ms. Burden reported that currently there are two hot button issues that are occurring in the community at this time, one in Redondo Beach and one in Hermosa Beach. Per legal advice, a city vote is a jurisdictional issue and the District does not overlap onto the city's business regarding those issues. She cautioned board members, if they take a stand, to present themselves as private citizens and not as representing the views of the Beach Cities Health District. |                     |
|             | Ms. Burden announced that the International  |                     |

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|   | Special Olympics will be in Los Angeles from July 21-23, 2015. There are 177 countries participating and each of the three beach cities is adopting a country. Ms. Barbara Ramsey-Duke, Grocery and Restaurant Specialist, is involved with the City of Redondo Beach, Ms. Charlotte Lesser and Mr. Russ Lesser are spearheading the City of Manhattan Beach effort, and Ms. Burden will be involved with the |  |
|   | City of Hermosa Beach. There will be a large volunteer recruitment initiative.  Ms. Burden reported that with the assistance of Ms. Marilyn Rafkin, Assistant to CEO—Special Projects, new Board Manuals are available electronically or in hard copy. Ms. Burden polled the board members to determine what version they preferred.  | Ms. Diehl received her hard copy. Dr. Grossman requested a hard copy and Dr. Bholat, Dr. Chun and Ms. Poster requested the electronic version. |
| Chief Medical Officer                   | Ms. Poster invited Dr. Lisa Santora to the podium.  Dr. Santora reported that last week the District hosted a Purpose Workshop at American Martyrs Church in Manhattan Beach with over 130 participants.  Dr. Santora announced the District will be hosting a Mindfulness Awareness Workshop at St. Cross Episcopal Church in Hermosa Beach on February 26, 2015.  |  |
|   | Dr. Santora reported that the District, in partnership with the Redondo Beach Unified School District, is launching a purpose workshop series for students.   |  |
| Legal Counsel                           | Mr. Hatch had no report.  |  |
| Community Health Committee              | Dr. Grossman reported that the Community Health Committee met on Monday, January 12, 2015.  |  |
|   | The committee recommended that Research and Evaluation findings be translated into consumer-friendly infographics. The Committee also made a recommendation that the Board adopt a Pro-Vaccination Resolution that aligns with the Center for Disease Control and Prevention (CDC) guidelines. Staff will present a Resolution to the Board at the February 25, 2015 Board of Directors meeting.              | Resolution for February 25, 2015 Board of Directors meeting.   |
| Finance Committee<br>Treasurer's Report | Dr. Chun reported that the Finance Committee met on Monday, January 26, 2015. Mr. Ken Al-   |  |

| AGENDA ITEM  | DISCUSSION  | ACTION OR FOLLOW-UP   |
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|  | Imam, of Mayer Hoffman McCann P.C., presented a review of the Independent Audit of financial statements for year ended June 30, 2014. This is the first year of their five-year contract and we were given a clean audit opinion. The committee recommended approval to the Board of Directors of the Independent Audit of financial statements for year ended June 30, 2014. Mr. Steve Groom, Chief Financial Officer, presented a review of the financial results for six-months ended December 31, 2014.   |   |
| 1. Action Item: Approve Checks No. 61997 through 62203 totaling \$422,575.03 for Accounts Payable for the Month of November 2014 | Dr. Chun Made a motion to approve Checks No. 61007 through 62203 totaling \$422,575.03 for Accounts Payable for the Month of November 2014.   | It was Moved and Seconded (Chun/Diehl) to Approve Checks No. 61997 through 62203 totaling \$422,575.03 for Accounts Payable for the Month of November 2014 Motion Carried Unanimously     |
| 2. Action Item: Approve Checks No. 62204 through 62422 Totaling \$433,000.58 for Accounts Payable for the Month of December 2014 | Dr. Chun made a motion to approve Checks No. 62204 through 62422 Totaling \$433,000.58 for Accounts Payable for the Month of December 2014.   | It was Moved and Seconded (Chun/Grossman) to Approve Checks No. 62204 through 62422 totaling \$433,000.58 for Accounts Payable for the Month of December 2014. Motion Carried Unanimously |
| 3. Presentation and Discussion Item: Mid-Year Review of Financial Results for Six Months Ended December 31, 2014                 | Dr. Chun invited Mr. Steve Groom, Chief Financial Officer, to the podium.  Mr. Steve Groom, Chief Financial Officer, presented the financial results for the first half of the fiscal year, July 1– December 31, 2014.  Mr. Groom reported that the bottom line is ahead by \$153,000. User fees (Fitness Services) and Partnerships (Sunrise Assisted Living) have been under in revenue. Operating expenses have been favorable, mainly due to Vacation reserve and Communications.  Although fitness revenue is unfavorable to budget, lower operating costs have offset a |   |

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|                        | portion of it. Staff will continue to closely               |                          |
|                        | monitor revenue and expenditures.                           |                          |
|                        | •   |                          |
| 4. Discussion and      |   |                          |
| Potential Action Item: |   |                          |
| Review and Approval    | Dr. Chun made a motion to approve the                       | It was <b>Moved and</b>  |
| of Independent Audit,  | Independent Audit, Financial Statements for                 | Seconded (Chun/Diehl) to |
| Financial Statements   | Year Ended June 30, 2014, Mayer Hoffman                     | Approve Independent      |
| for Year Ended         | McCann P.C.   | Audit, Financial         |
| June 30, 2014,         |   | Statements for Year      |
| Mayer Hoffman          |   | Ended June 30, 2014,     |
| McCann P.C.            |   | Mayer Hoffman McCann     |
|                        |   | P.C.                     |
|                        |   | Motion Carried           |
| Policy Committee       | Ma. Doctor reported that the Deliay Committee               | Unanimously              |
| Policy Committee       | Ms. Poster reported that the Policy Committee did not meet. |                          |
| Properties Committee   | Dr. Chun reported that the Properties                       |                          |
| Properties Committee   | Committee met on January 20, 2015. The                      |                          |
|                        | committee received an update on leasing for the             |                          |
|                        | 514 N. Prospect Avenue property and a new                   |                          |
|                        | leasing agent is being obtained. Ms. Susan                  |                          |
|                        | Burden, Chief Executive Officer, presented a                |                          |
|                        | proposed concept plan to develop a new                      |                          |
|                        | building for lease at 514 N. Prospect Avenue.               |                          |
| Strategic Planning     | Ms. Poster reported that a BCHD Strategic                   |                          |
| Committee              | Development Day was held on November 21,                    |                          |
|                        | 2014 at the Crowne Plaza in Redondo Beach.                  |                          |
|                        | Eighty people attended and the evaluation                   |                          |
| Old Bassians           | ratings for the meeting were high.                          |                          |
| Old Business           | There were no reports.                                      |                          |
| New Business           |   |                          |
| 1. Action Item:        |   |                          |
| Approval of            | Ms. Poster made a motion to approve                         | It was <b>Moved and</b>  |
| Resolution No. 531     | Resolution No. 531 Changing the Regular                     | Seconded (Poster/Diehl)  |
| Changing the           | Meeting Date of the Beach Cities Health District            | to approve               |
| Regular Meeting        | Board of Directors' Meeting Date from the Last              | Resolution No. 531       |
| Date of the Beach      | Wednesday of the Month to the Fourth                        | Changing the Regular     |
| Cities Health District | Wednesday of the Month.                                     | Meeting Date of the      |
| Board of               | -   | Beach Cities Health      |
| Directors' Meetings    |   | District Board of        |
| from the Last          |   | Directors' Meeting       |
| Wednesday of the       |   | from the Last            |
| Month to the Fourth    |   | Wednesday of the         |
| Wednesday of the       |   | Month to the Fourth      |
| Month                  |   | Wednesday of the Month.  |
|                        |   | Motion Carried           |
|                        |   | Unanimously              |
|                        |   |                          |
|                        |   |                          |

| AGENDA ITEM          | DISCUSSION  | ACTION OR FOLLOW-UP                         |
|----------------------|---|---|
| Board Member Reports | Ms. Poster reported that she attended the   |   |
|                      | BCHD Strategic Development Day meeting.   |   |
|                      | Dr. Chun reported he attended the following   |   |
|                      | meetings:  •Properties Committee Meeting  |   |
|                      | ◆Finance Committee Meeting  |   |
|                      | Dr. Grossman reported that he attended the following meetings:  |   |
|                      | ◆Medical Imaging Seminar in New York City   |   |
|                      | Properties Committee Meeting     Community Health Committee meeting   |   |
|                      | ◆Community Health Committee meeting   |   |
|                      | Dr. Bholat reported that she attended the   |   |
|                      | following meetings:  •Community Health Committee Meeting  |   |
|                      | •Association of California Healthcare Districts'  |   |
|                      | Leadership Academy in Sacramento, CA  |   |
|                      | Ms. Diehl reported that she attended the  |   |
|                      | following:  •Hermosa Beach Chamber of Commerce 2015   |   |
|                      | Choice Awards & Gala  |   |
|                      | <ul> <li>Association of California Healthcare Districts'<br/>Leadership Academy in Sacramento, CA,</li> </ul> | Ms. Burden requested a                      |
|                      | where Brown Act updates were presented  | Brown Act update from                       |
|                      | ·   | legal counsel for the                       |
| Announcements/       | There were no reports.  | February 2015 meeting.                      |
| Questions and        | There were no reports.  |   |
| Referrals to Staff   |   |   |
| Adjournment          | Ms. Poster moved to adjourn the meeting in loving memory of her beloved mother, Mary                          | There being no further business, Ms. Poster |
|                      | Grace Poster.   | Moved to adjourn the                        |
|                      |   | meeting. Meeting                            |
|                      |   | adjourned at 7:50 p.m.                      |

The next Regular Meeting of the Beach Cities Health
District Board of Directors is scheduled for
Wednesday, February 25, 2015 at 6:30 p.m. in the
Beach Cities Room of the Beach Cities Health Center, located at
514 N. Prospect Avenue, Redondo Beach, California